



FAMILY HEALTH UNIT CLEANING YOUR BABY'S EAR



- 1. Wet the washcloth or cotton ball with warm water**
- 2. Ring out the washcloth well and/or cotton ball, if using.**
- 3. Gently wipe behind the baby's ears and around the outside of each ear.**

<https://www.healthline.com/health/parenting/how-to-clean-baby-ears>

IMPORTANT NUMBERS

- Dr. Ulai T. Otobed Wing (OBGYN Ward)
488-6102**
- Well-Baby Clinic @ CHC
488-1756/6445**

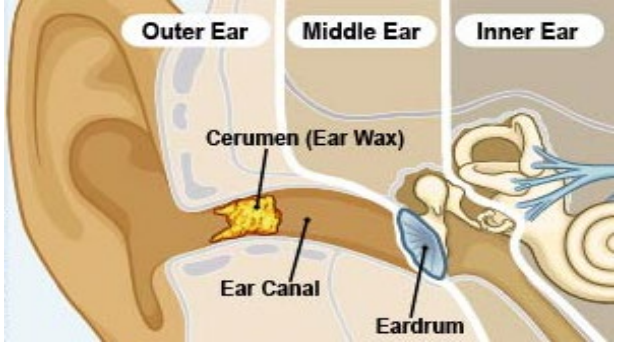
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Do not use cotton swabs (Q-Tips) in your baby's ear.
IT IS NOT SAFE!



It will push the wax back in and pack it down instead of removing it.



Do not try to remove earwax buildup at home. If you're concerned about earwax buildup, see a pediatrician.